



# LARRY A. HOFF ePOST 2100



Issue #72 MARCH, 2019

COMMUNICATION IS POWER

TO OPT OUT OF OUR NEWSLETTERS, E-MAIL [cgoetz@myemc.net](mailto:cgoetz@myemc.net)

## OUR NEXT MEETING

March 21st, at 7:30 PM is slated for our next tele-meeting, by invitation, using GoToMeeting. E-mail me if you want an invite:

[commander@epost2100.org](mailto:commander@epost2100.org)

Our tele-meetings are provided for you to learn about and have input regarding your cyber Post. BTW, have you visited [Our Web site](#), lately?

## YOUR CYBER POST OFFICERS

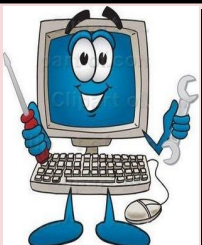
Post Commander..... [ROBERT GREEN](#) 770-786-8702  
 Senior Vice Commander..... [LES GREEN](#) 770-596-5635  
 Junior Vice Commander .....[PAUL AUST](#) 770-315-2189  
 Junior Vice Commander..... [MARK FENLEY](#) 678-661-1031  
 Finance Officer..... [CHUCK GOETZ](#) 706-219-4209  
 Judge Advocate..... [TED RICHARDS](#) 404-754-0415  
 Exec. Committee..... [RICK SCHIRMER](#) 678-687-7270  
 Exec. Committee..... [ED MCMILLAN](#) 770-757-6136

## COMMANDER'S CORNER

OUR HELP DESK STANDS READY TO ASSIST US VETERANS WITH FREE COMPUTER-RELATED AID.

[ROBERT MCTUREOUS](#)

404-304-1772



If you have a "smart-phone", be aware that it's camera function can serve more than just the taking of photos of people, scenery and events.



Consider going around your abode and taking well-lit photos of your possessions and annotating the pictures for future reference. Besides showing rooms and possessions, your camera can also take shots of important documents.

Your photos may help in the event of verifying a loss due to accident (fire/flood/robbery), but they cannot validate initial cost of the items. Some people save receipts, which is a good idea, too.

Our multi-function phones probably have features many of us do not use, but it could be a good idea to review what the phones can do. It can also be a good idea to backup data such as contacts, email addresses, and those photos.

For those who text, perhaps you should save/print any important legal and business communications

As we leave the month of February, I am reminded of the old riddle, "What month has 28 days?"

The answer, of course, is ALL of them.

BTW, February has 29 days every four years, so I wonder how folks with birthdays celebrate them. 😊

*Bob Green*

770-786-8702

## DSO / Washington Conference

### Hilton Washington Hotel

- 2018, Feb 25 - 28
  - 2019, Feb 24 - 27
  - 2020, Mar 8 - 11
- 2021, Feb 28 - Mar 3

### Spring Meetings

Sheraton Indianapolis  
City Centre Hotel

- 2018, May 7 - 10
  - 2019, May 6 - 9
  - 2020, May 4 - 7
- 2021, May 3 - 6

## HEALTH CLAIMS INFO

From U.S. Veteran Compensation Programs

[veteranprograms.com](http://veteranprograms.com)

List of Health Conditions You Can Claim Right Now

Here's a list of conditions veterans and dependents can put in a claim for with the Department of Veterans Affairs (VA) that applies to chemical exposures on many bases around the country where contamination was found:

Leukemia  
Bladder Cancer  
Miscarriage & Infertility  
Breast Cancer  
Multiple Myeloma  
Esophageal Cancer  
Myelodysplastic Syndromes  
Neurobehavioral Effects  
Hepatic Steatosis  
Non-Hodgkin's Lymphoma  
Kidney Cancer  
Renal Toxicity  
Scleroderma  
Lung Cancer

### Camp Lejeune Update

The 2012 Camp Lejeune law established that if you have 1 of 15 health conditions, you can file a claim with the Department of Veterans Affairs (VA). Eight of those were declared presumptive status in 2018, while the others will require more work to get approved. There's no legal recourse right now because claims are held up in the 11th District Court of Appeals,



simply because North Carolina has what's referred to as a "statue of repose" and the judge will not hear claims that didn't fall within this time limit (somewhat like a statute of limitations).

Currently, many veteran advocate legal teams are trying to fight this and figure a way around it, but nothing has happened yet.

## WHY THE AMERICAN LEGION MATTERS

From Paul:

[https://www.youtube.com/watch?v=h\\_c6MNqiZGE&feature=youtu.be](https://www.youtube.com/watch?v=h_c6MNqiZGE&feature=youtu.be)

## MARK YOUR CALENDARS

**MARCH 22-24, 2019**

DEPARTMENT SPRING/COLLEGE, DULUTH

**APRIL 29-May 1, 2018**

NATIONAL COMMANDER'S VISIT

**MAY 5, 2019**

9TH DISTRICT CONVENTION

**JUNE 28-30, 2019**

DEPARTMENT CONVENTION, DULUTH

**AUGUST 23-29, 2019**

NATIONAL CONVENTION, INDIANAPOLIS

## ELIGIBLE MEMBER-SHIP DATES

**Below, are the eligibility dates for those veterans seeking membership in the American Legion:**

**WWI: 4/6/17 TO 11/11/18**

**WWII: 12/7/41 TO 12/31/46**

**KOREA: 6/25/50 TO 1/31/55**

**VIETNAM: 2/28/61 TO 5/7/75**

**LEBANON/GRENADA: 8/24/82 TO 7/31/84**

**PANAMA: 12/20/89 TO 1/31/90**

**GULF WAR /WAR ON TERRORISM: 8/2/90 TO THE PRESENT**

**If you have questions about eligibility, please contact Adjutant, [Ted Richards](#).**

## DAYLIGHT SAVINGS TIME

Daylight Savings Time begins at 2:00 AM on Sunday, March 10th, and it ends on Sunday, November 3rd, at 2:00 AM...Fall backward!



# ASK FOR VETERAN AND/OR SENIOR DISCOUNTS

Keep this list and send a copy to your senior friends and relatives.

As I was waiting in line behind an older gentleman at Wendy's recently, I heard him ask for his senior discount. The girl at the register apologized and charged him less. When I asked the man what the discount was, he told me that seniors over age 55 get 10% off everything on the menu, every day. Being of 'that' age myself, I figured I might as well ask for the discount too. This incident prompted me to do some research, and I came across a list of restaurants, supermarkets, department stores, travel deals and other types of offers giving various discounts with different age requirements. I was actually surprised to see how many there are and how some of them start at the young age of 50.

This list may not only be useful for you, but for your friends and family too.

**YOU must ASK for your discount!**

## RESTAURANTS:

**Applebee's: 15% off with Golden Apple Card (60+)**

**Arby's: 10% off (55+)**

**Ben & Jerry's: 10% off (60+)**

**Bennigan's: Discount varies by location (60+)**

**Bob's Big Boy: Discount varies by location (60+)**

<b>Boston Market:</b>	<b>10% off (65+)</b>
<b>Burger King:</b>	<b>10% off (60+)</b>
<b>Chick-Fil-A:</b>	<b>10% off or free small drink or coffee (55+)</b>
<b>Chili's:</b>	<b>10% off (55+)</b>
<b>CiCi's Pizza:</b>	<b>10% off (60+)</b>
<b>Denny's:</b>	<b>10% off, 20% off for AARP members (55 +)</b>
<b>Dunkin' Donuts:</b>	<b>10% off or free coffee (55+)</b>
<b>Einstein's Bagels:</b>	<b>10% off baker's dozen of bagels (60+)</b>
<b>Fuddrucker's:</b>	<b>10% off any senior platter ( 55+)</b>
<b>Gatti's Pizza:</b>	<b>10% off (60+)</b>
<b>Golden Corral:</b>	<b>10% off (60+)</b>
<b>Hardee's:</b>	<b>\$0.33 beverages everyday (65+)</b>
<b>IHOP:</b>	<b>10% off (55+)</b>
<b>Jack in the Box:</b>	<b>Up to 20% off (55+)</b>
<b>KFC:</b>	<b>Free small drink with any meal (55+)</b>
<b>Krispy Kreme:</b>	<b>10% off (50+)</b>
<b>Long John Silver's:</b>	<b>Various discounts at locations (55+)</b>
<b>McDonald's:</b>	<b>Discounts on coffee everyday (55+)</b>
<b>Mrs. Fields:</b>	<b>10% off at participating locations (60+)</b>
<b>Shoney's:</b>	<b>10% off</b>
<b>Sonic:</b>	<b>10% off or free beverage (60+)</b>
<b>Steak 'n Shake:</b>	<b>10% off every Monday &amp; Tuesday (50+)</b>
<b>Subway:</b>	<b>10% off (60+)</b>
<b>Sweet Tomatoes:</b>	<b>10% off (62+)</b>
<b>Taco Bell :</b>	<b>5% off; free beverages for seniors (65+)</b>
<b>TCBY:</b>	<b>10% off (55+)</b>

**Tea Room Cafe: 10% off (50+)**  
**Village Inn: 10% off (60+)**  
**Waffle House: 10% off every Monday (60+)**  
**Wendy's: 10% off (55 +)**  
**Whataburger: 10% off (62+)**  
**White Castle : 10% off (62+)**

#### **RETAIL & APPAREL:**

**Banana Republic: 30% off (50+)**  
**Bealls: 20% off first Tuesday of each month (50+)**  
**Belk's: 15% off first Tuesday of every month (55+)**  
**Big Lots: 30% off**  
**Bon-Ton Dept 15 % off on senior discount days (55 +)**  
**C.J. Banks: 10% off every Wednesday (50+)**  
**Clarks : 10% off (62+)**  
**Dress Barn: 20% off (55+)**  
**Goodwill: 10% off one day a week (date varies by location)**  
**Hallmark: 10% off one day a week (date varies by location)**  
**Kmart: 40% off (Wednesdays only) (50+)**  
**Kohl's: 15% off (60+)**  
**Modell's Sporting Goods: 30% off**  
**Rite Aid: 10% off on Tuesdays & 10% off prescriptions**  
**Ross Stores: 10% off every Tuesday (55+)**  
**The Salvation Army Thrift Stores: Up to 50% off (55+)**  
**Stein Mart: 20% off red dot/clearance items first Monday of every month (55 +)**

## **GROCERY:**

**Albertson's: 10% off first Wednesday of each month (55 +)**

**American Discount Stores: 10% off every Monday (50 +)**

**Compare Foods Supermarket: 10% off every Wednesday (60+)**

**DeCicco Family Markets: 5% off every Wednesday (60+)**

**Food Lion: 60% off every Monday (60+)**

**Fry's Supermarket: Free Fry's VIP Club Membership & 10% off every Monday (55 +)**

**Great Value Food Store: 5% off every Tuesday (60+)**

**Gristedes Supermarket: 10% off every Tuesday (60+)**

**Harris Teeter: 5% off every Tuesday (60+)**

**Hy-Vee: 5% off one day a week (date varies by location)**

**Kroger: 10% off (date varies by location)**

**Morton Williams Supermarket: 5% off every Tuesday (60+)**

**The Plant Shed: 10% off every Tuesday (50 +)**

**Publix: 15% off every Wednesday (55 +)**

**Rogers Marketplace: 5% off every Thursday (60+)**

**Uncle Guiseppe's Marketplace: 15% off (62+)**

## **TRAVEL:**

### **Airlines:**

**Alaska Airlines: 50% off (65+)**

**American Airlines: Various discounts for 50% off non-peak peri-**



**ods (Tuesdays - Thursdays) (62+) and up (call before booking for discount)**

**Continental Airlines: No initiation fee for Continental Presidents Club & special fares for select destinations**

**Southwest Airlines: Various discounts for ages 65 and up (call before booking for discount)**

**United Airlines: Various discounts for ages 65 and up (call before booking for discount)**

**U.S. Airways: Various discounts for ages 65 and up (call before booking for discount)**

**Rail: Amtrak: 15% off (62+)**

**Bus: Greyhound: 15% off (62+) Trailways Transportation System: various discounts for ages 50+**

#### **Car Rental:**

**Alamo Car Rental: Up to 25% off for AARP members**

**Avis: Up to 25% off for AARP members**

**Budget Rental Cars: 40% off; up to 50% off for AARP members (50+)**

**Dollar Rent-A-Car: 10% off (50+)**

**Enterprise Rent-A-Car: 5% off for AARP members**

**Hertz: Up to 25% off for AARP members**

**National Rent-A-Car: Up to 30% off for AARP members**

#### **Overnight Accommodations:**



<b>Holiday Inn:</b>	<b>20-40% off depending on location (62+)</b>
<b>Best Western:</b>	<b>40% off (55+)</b>
<b>Cambria Suites:</b>	<b>20%-30% off (60+)</b>
<b>Waldorf Astoria - NYC:</b>	<b>\$5,000 off nightly rate for Presidential Suite (55+)</b>
<b>Clarion Motels:</b>	<b>20%-30% off (60+)</b>
<b>Comfort Inn:</b>	<b>20%-30% off (60+)</b>
<b>Comfort Suites:</b>	<b>20%-30% off (60+)</b>
<b>Econo Lodge:</b>	<b>40% off (60+)</b>
<b>Hampton Inns &amp; Suites:</b>	<b>40% off when booked 72 hours in advance</b>
<b>Hyatt Hotels:</b>	<b>25%-50% off (62+)</b>
<b>InterContinental Hotels Group:</b>	<b>Various discounts at all hotels (65+)</b>
<b>Mainstay Suites:</b>	<b>10% off with Mature Traveler's Discount (50+); 20%-30% off (60+)</b>
<b>Marriott Hotels:</b>	<b>25% off (62+)</b>
<b>Motel 6:</b>	<b>Stay Free Sunday nights (60+)</b>
<b>Myrtle Beach Resort:</b>	<b>30% off (55 +)</b>
<b>Quality Inn:</b>	<b>40%-50% off (60+)</b>
<b>Rodeway Inn:</b>	<b>20%-30% off (60+)</b>
<b>Sleep Inn:</b>	<b>40% off (60+)</b>

#### **ACTIVITIES & ENTERTAINMENT:**

<b>AMC Theaters:</b>	<b>Up to 30% off (55 +)</b>
<b>Bally Total Fitness:</b>	<b>\$100 off memberships (62+)</b>
<b>Busch Gardens Tampa, FL:</b>	<b>\$13 off one-day tickets (50 +)</b>
<b>Carmike Cinemas:</b>	<b>35% off (65+)</b>

**Cinemark/Century Theaters: Up to 35% off**

**Massage Envy - NYC: 20% off all "Happy Endings" (62 +)**

**U.S. National Parks: \$10 lifetime pass; 50% off additional services including camping (62+)**

**Regal Cinemas: 50% off Ripley's Believe it or Not: @ off one-day ticket (55 +)**

**SeaWorld, Orlando , FL : \$3 off one-day tickets (50 +)**

### **CELL PHONE DISCOUNTS:**

**AT&T: Special Senior Nation 200 Plan \$19.99/month (65+)**

**Jitterbug: \$10/month cell phone service (50 +)**

**Verizon Wireless: Verizon Nationwide 65 Plus Plan \$29.99/month (65+).**

### **MISCELLANEOUS:**

**Great Clips: \$8 off haircuts (60+)**

**Supercuts: \$8 off haircuts (60+)**

**NOW, go out there and claim your discounts ---- and remember ---- YOU must ASK for your discount ---- no ask, no discount.**

**I know everyone knows someone over 50...please pass this one on!!!!**

**AMERICAN LEGION EPOST2100 (CYBER POST) MEMBERSHIP APPLICATION**

**YES!** I'll help my fellow veterans by becoming a member of The American Legion. I certify that I served at least one day of active military duty during the dates marked below and was honorably discharged or am still serving honorably.

**epost 2100 mailing address ---->** Chuck Goetz  
675 Washboard Road  
Cleveland, GA 30528

Application may be made in any of the following methods:

1. Complete this application and mail it to Ted Richards, epost 2100 Adjutant along with a check in the amount of \$35.00 (payable to American Legion) and a copy of DD214
2. Simply call and make application telephonically (less than 5 minutes).
3. Visit our website at epost 2100.org and make application there

Please check applicable "Dates of Service" and "Branch of Service":

DATES OF SERVICE	BRANCH OF SERVICE
<input type="checkbox"/> AUG. 2, 1990 - OPEN	<input type="checkbox"/> U.S. ARMY
<input type="checkbox"/> DEC. 20, 1989 - JAN. 31, 1990	<input type="checkbox"/> U.S. NAVY
<input type="checkbox"/> AUG. 24, 1982 - JUL. 31, 1984	<input type="checkbox"/> U.S. AIR FORCE
<input type="checkbox"/> FEB. 28, 1963 - MAY 7, 1975	<input type="checkbox"/> U.S. MARINES
<input type="checkbox"/> JUNE 25, 1950 - JAN. 31, 1955	<input type="checkbox"/> U.S. COAST GUARD
<input type="checkbox"/> DEC. 7, 1941 - DEC. 31, 1946	
<input type="checkbox"/> APR. 6, 1917 - NOV. 11, 1918	
<input type="checkbox"/> U.S. MERCHANT MARINE - DEC. 7, 1941 - DEC. 31, 1946	

NAME

ADDRESS

CITY, STATE, ZIP

PHONE

E-MAIL ADDRESS

BIRTH DATE

SIGNATURE

**Receipt of Dues**  
*(Please Print)*

From \_\_\_\_\_

\$ \_\_\_\_\_ for 20\_\_\_\_ Post # \_\_\_\_\_

Recruiter's Name \_\_\_\_\_

Recruiter's Signature \_\_\_\_\_

Recruiter's Phone # \_\_\_\_\_

**You can pay the annual dues of \$35.00 now or we will bill you later.**

Make Checks payable to: "The American Legion ePost 2100"

If mailed send to:  
Charles Goetz, Post Finance Officer  
675 Washboard Rd  
Cleveland, GA 30528

**TO JOIN  
THE AMERICAN LEGION,  
SUBMIT THE  
MEMBERSHIP  
APPLICATION,  
A COPY OF YOUR DD-214 ,  
AND A CHECK FOR \$35.00  
TO:  
Chuck Goetz  
675 Washboard Road  
Cleveland, GA 30528**